

November 2021 RIMBEY & AREA COMMUNITY NEWSLETTER



November 11
is a day we
remember.



Rimbey Legion Branch No. 36 is again having to cancel the large indoor service normally held at the Peter Lougheed Community Centre on November 11th but will host an outdoor Remembrance Day Service, weather permitting, at the Rimbey Legion on 50th street starting at 10:45. All are welcome to watch. We just ask you to wear a mask and self distance to protect yourselves and your loved ones.

The Christmas Community Bazaar will take place on November 20, 2021 from 10am - 1pm at the Rimbey United Church. There will be baking and crafts and our famous \$5.00 grab bags. We will have a hot lunch to go for \$5.00.

To enter the building everyone must wear a mask and show proof of double vaccination. If you do not wish to come in the building you may still come to the door and order the hot meal to go. Please come and support the non-profit clubs. Thank you.

Teach Your Children To Remember



" Lest We Forget "

Counselling

Do you struggle with Couples or Blended Family Issues, Communication, Anger management, Depression, Anxiety, Self-esteem?

Available in Rimbey, For Everyone – on a sliding scale fee – no financial barriers.

Call Red Deer Catholic Social Services intake; 403 347-8844 and ask to be seen in Rimbey

This Service is brought to you by the Rimbey & Area Community Wellness Association, Rimbey FCSS & the United Way



FCSS is hosting a Seniors virtual coffee visit on Tuesdays at 10 am! Call 403-843-2030 for information or to sign up!



Big Brothers Big Sisters OF RIMBEY

Become a mentor today!

One hour a week is all it takes!

Mentors greatly needed in our area.

Call 403-843-1066 for more information!

THEY DIED THAT WE MIGHT LIVE 1914 - 1918. 1939 - 1945.



Rimbey Neighbourhood Place will get you connected locally!

e-mail; rimbeynp@telus.net

Or (P) 403.843.6299

Find us on facebook!

Neighbourhood Place



FAMILY PROGRAMMING

FALL PROGRAMS 2021



Contact Us @ rimbeynp@telus.net 403.843.4304

Our services

Neighbourhood Place is excited to offer Family Programming in Rimbey and Ponoka County! Are you looking for sound and trustworthy parenting tips based on research? Are you looking for a place where you can meet other parents and your child can play with others to develop their social skills? Or you just need to get out of the house? We are here for you! We offer FREE programs and supports for parents and caregivers of young children.

PARENTING IN THE PANDEMIC

A safe, nonjudgmental space to talk about your parenting struggles, joys and concerns. A great way to form relationships, hear stories and get support.

Starts Monday, Oct 18 @ 9:15 This program is over 2:00M call or text 780.887.2702 or email sam.rimbeynp@gmail.com to register

WALK TOGETHER

Sometimes getting outside and breathing in the fresh air can make all the difference! Join other families as we walk and talk!

Wednesday Mornings starting Oct. 20 @ 10:00. Meet at the Rimbey Provincial Building parking lot.

ASK A PARENTING QUESTION

Do you have a parenting question? Or do you just need to connect with someone who can support you on your parenting journey?

To book a phone call or zoom chat call or text 780.887.2702 or email sam.rimbeynp@gmail.com



NEIGHBOURHOOD PLACE FAMILY PROGRAMMING

PARENTING IN THE PANDEMIC

/ STARTS OCT.18 @ 9:15 AM ON ZOOM /

A virtual support group for parents of young children. A safe, nonjudgmental space to talk about your parenting struggles, joys and concerns. A great way to hear stories, form relationships and get support.

***Held over zoom

TO REGISTER AND RECEIVE ZOOM LINK EMAIL: SAM.RIMBEYNP@GMAIL.COM CALL/TEXT 780.877.2702

SUPPORTED BY RIMBEY AND PONOKA COUNTY PUBLIC HEALTH SERVICES 403.843.4304 FACEBOOK: NEIGHBOURHOOD PLACE



Rimbey Community Addiction & Mental Health Services

Free services offered by AHS for Children and Adults, struggling with addictions, anxiety, depression or any other mental health concern. "Hours of operation: Monday-Thursday 8:00-4:30p.m., Closed during the lunch hour 12:00-1:00p.m., Closed for Statutory Holidays. Please call 403-843-2406 for an appointment."



Rimbey Library

For more info. Check <http://rimbeylibrary.prl.ab.ca>

403 843-2841

We are still open! However, if you prefer we are more than happy to provide curbside service to you. Please phone us and we will gladly arrange for a time.

Masking is mandatory in the library. No exceptions will be made. We offer a host of curbside services.

We are expanding to the north of the building! If you would like to financially support us in this endeavor please contact 403-843-2841.

Library Fundraiser – Online Facebook Auction for the month of November and into December. Check it out and support our expansion.

Check out Paskapoo Park for one of our Story Walks. Take a picture of your child with a story walk panel, post it on social media, tag us, and then come get a prize! We have a second Story Walk at the Lions Park #1.

Check out <https://rimbeylibrary.beanstack.com/reader365>

For some reading challenges that will win you prizes. If you have a child that is not yet in kindergarten enter our 1,000 books before kindergarten challenge. Your child will receive a book just for signing up!

We will be closed November 11th for Remembrance Day

November 25th – 6:00 pm Book Club. We will be discussing Women Talking by Miriam Toews.

Neighbourhood Place Presents:

Dr. Gibb

PROFESSOR OF NEUROSCIENCE @
THE UNIVERSITY OF LETHBRIDGE

free!



Resiliency and Play

how will our kids come
out the other side of
the pandemic?

December 2, 2021
@ 7:00 via ZOOM

link sent with registration
call or text 780 887-2702 or
email: rimbeynp@telus.net

Made with PosterMyWall.com

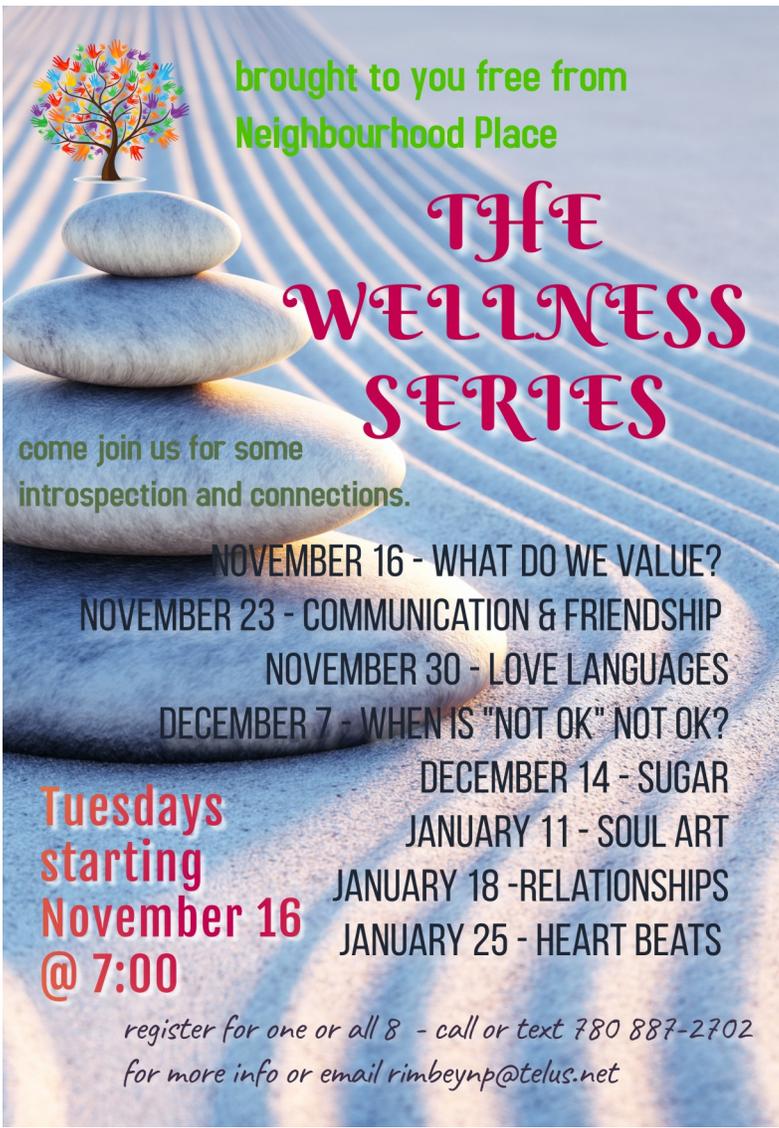
Central Alberta Community Legal Clinic

The Central Alberta Community Legal Clinic offers free legal advice to those who do not qualify for Legal Aid and who cannot afford to pay a lawyer. The Legal Clinic offers advice in the areas of Family Law, Criminal Law, Guardianship/Trusteeship, and certain areas of Civil Law/Wills. You must fill out an intake form in person or by phone before an appointment is booked. For criminal matters, you must have your disclosure before an appointment can be booked.

Phone:403-314-9129 Toll Free:1-877-314-9129

The Family Resource Network provides a variety of programs in your community for children, youth, and families to enhance skills, strategies, resilience, and connections to the community. Through contacting the FRN Hub, you will be referred to a program(s) that meets your family's needs and receive information on other community resources available. Call 780-352-4643 Ext. 28





brought to you free from
Neighbourhood Place

THE WELLNESS SERIES

come join us for some introspection and connections.

NOVEMBER 16 - WHAT DO WE VALUE?
 NOVEMBER 23 - COMMUNICATION & FRIENDSHIP
 NOVEMBER 30 - LOVE LANGUAGES
 DECEMBER 7 - WHEN IS "NOT OK" NOT OK?
 DECEMBER 14 - SUGAR
 JANUARY 11 - SOUL ART
 JANUARY 18 - RELATIONSHIPS
 JANUARY 25 - HEART BEATS

Tuesdays starting November 16 @ 7:00

register for one or all 8 - call or text 780 887-2702 for more info or email rimbeynp@telus.net



Neighbourhood Place PRESENTS

THE LENDING LIBRARY

DO YOU WANT TO TRY ONE OF THE NEWER BOARD GAMES OR OUTDOOR GAMES BEFORE YOU BUY IT? DO YOU WANT TO BRING THE FAMILY TOGETHER TO PLAY ONE OF THE CLASSICS? A GREAT WAY TO CONNECT AND HAVE SOME FUN WITHIN YOUR HOUSEHOLD.

FREE!! A FULL LIST OF GAMES AND PUZZLES AVAILABLE FOR PICK UP BY APPOINTMENT

CALL OR TEXT 780 887-2702, OR BETTER YET, EMAIL rimbeynp@telus.net AND A LIST OF ITEMS AVAILABLE WILL BE EMAILED TO YOU!

Made with PosterMyWall.com

Again this year Rimbey United Church is coordinating the collection of winter articles for Turning Point.

Turning Point Society in Red Deer has been responding to the needs of communities using a harm reduction approach for 30 years. Turning point runs 6 different programs. One of these is called "NightReach".

365 evenings a year, a team of two NightReach staff walk the streets and paths offering after-hour support to a wide range of individuals facing vulnerability due to place or circumstance. NightReach staff are easily recognizable by their bright red backpacks, which are packed with a wide range of harm reduction materials, clothing, first aid supplies and snacks.

NightReach also provides non-judgmental support and referrals for food, housing, health care, addictions, pregnancy support, legal concerns and employment services to many street-involved individuals. Staff also do debris clean-up as required.

This is the fourth year Rimbey United Church plans to support this program by collecting winter clothing for adult men and women. Gently used winter boots and clothing may be dropped off at the church or Rimbey Public Library. Gloves, hand warmers and new toothbrushes are also needed. The church will accept any monetary donations for this program and forward them to Turning Point. Collection date Oct 15th to Jan 15th.



Genuine Tom Ford Fruit Cakes
 Made with joy by Rimbey United Church
 One pound cake \$10.00
 Two pound cake \$20.00
 To order, call the church at 403 843 2458. Leave a message, and someone will call you back.

RIMBEY & AREA COMMUNITY NEWSLETTER - Available during Covid restrictions at: **The Town Office, The, Blindman Youth Action Building, Rimbey Foods, the Tickle Trunk, Subway, COOP & Bluffton Store** Brought to you by Rimbey Neighbourhood Place. Please send us your submissions, questions or concerns: 4907 49th Street PO Box 980 Rimbey, AB T0C 2J0 phone:403.843.4304 or 403 843-6299 or text 780 887-2702 e-mail: rimbeynp@telus.net