

We will start taking registrations for swimming lessons on May 21st at the Rimbey Aquatic Centre during regular operational hours.

Due to the amount of registrations on the first day we will not be accepting phone calls or emails for registrations.

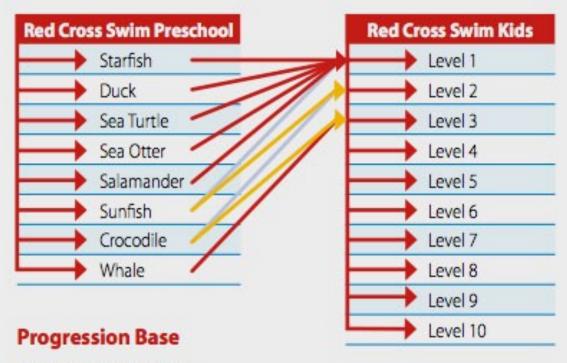
In person only registrations will be accepted.







Swimming Level Progression



Adult & Teen Lessons Adult & Teen Swim Basics 1 Basic swimming skills Adult & Teen Swim Basics 2 Introduction to strokes Adult & Teen Swim Strokes Swimming strokes Adult & Teen Swim Sports Lifetime swimming fitness

Red Cross Swim Preschool

Participants progress through the lower levels based on participation and age. Preschoolers aged three to five move through the upper levels based on skill evaluation.

Red Cross Swim Kids

Uses continuous evaluation for swimmers to progress through the levels.

Adult and Teen Swim

Based on personal interest and goal setting.

Legend:

Completed or Incompleted

----- Completed

Incompleted