

Recreation Services 403-83-3151 www.rimbey.com

The Rimbey Aquatic Centre is now taking registrations for Swimming Lessons
For more info call 403-843-2437





Rimbey-Aquatic-Centre.

Schedules¤

Sunday¤	Monday¤	Tuesday¤	Wednesday♯	Thursday¤	Friday¤	Saturday¤
Ħ	Lane-Swim→ 7-9am¤	Ħ	Lane-Swim⊷ 7-9am¤	Ħ	Lane-Swim⊷ 7-9am¤	Ħ
Rental↓ 11am-12pm:¤	School·Rental → 9-11am¤ Parent-&-Tot/Lane-Swim →					Rental↓ 11am-12pm
Parent-&-Tot/-	11am-12:30pm·≭					Parent-&-Tot/ Lane-Swim- 12-1:30pm3
Lane·Swim→ 12-1:30pm·¤	School·Rental⊒ 12:30-3pm#					
Public Swim→ 1:30-6pm¤						Public Swim-
	Public Swim⊷ 3-6pm¤	3-6pm#				
Adult-Swim⊷ 6-7pm¤	Value-Drug Mart-Free-Swim- 6-8pm¤	Public-Swim⊷ 3-8pm⊭				Adult-Swim 6-7pm¤
/H						
	Adult-Swim⊷ 8-9pm¤					Ħ

Statutory-Holiday-Hours:¶

Victoria·Day, ·Monday, ·May·20th·Public·Swim·12-6pm¶

Canada·Day, ·Monday, ·July·1st—Free·Swim·3-6pm¶

Heritage·Day, ·Monday, ·August·5th—Public·Swim·12-6pm¶

Labour-Day, Monday, September-2nd—Public-Swim-12-6pm¤

🚭 VALUE DRUG MART

Sponsored·Free·Swim↔ Mondays·6-8pm·↔ May-August¶

Excluding-Statutory-Holidays¶

Single-Admission-Rates: Adult-\$5.50, Senior/Student-\$4.50, Youth-\$4.00, Child-\$3.00, Family-\$15.00¶

Punch-Pass: Adult-\$49.50, Senior/Student-\$40.50, Youth-\$36.00, Child-\$27.00, Family-\$135.00¤

Rimbey·Aquatic·Centre·Ph:·403-843-2437 →
www.rimbey.com·www.facebook.com/rimbeyaquaticcentre

CHECK OUT OUR NEW PROGRAMS

http://www.centralparklandparentlink.ca/

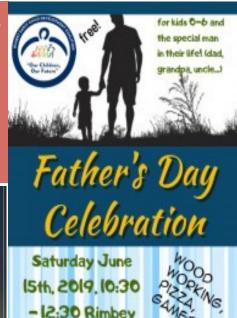


My father didn't do anything unusual. He did what dads are **SUPPOSED TO DO** – be there.

MAX LUCADO

A father's job isn't to teach his daughter how to be a lady, it's to teach her how a lady should be treated.





Rimbey Community Addiction & Mental Health **Services**

Free services offered by AHS for Children and Adults, struggling with addictions, anxiety, depression or any other mental health concern.

"Hours of operation: Monday-Thursday 8:00-4:30p.m., Closed during the lunch hour 12:00-1:00p.m., Closed for Statutory Holidays. Please call 403-843-2406 for an appointment."

Rimbey & District Victim Services Working in partnership with the Rimbey RCMP, Victim Services provides information, support, referrals and court support to victims of crime. We act as a liaison between the RCMP and victims. Learn about us at www.rimbeyvictimservices.com Contact our office 403.843.8494 We are a proud member of Victim Services Alberta.

Rimbey Legion News

Provincial Building

CALL 403 843-4304 FOR MORE INFO & TO REGISTER

Legion Bingo will now be twice a month, Doors open @ 6:30 p.m. Bingo Starts @ 7:00p.m.

For Legion Hall Rentals call: 403 843-2184 or 403 843-2343



Available in Rimbey, For Everyone on a sliding scale fee - no finacial

Call Red Deer Catholic Social Services intake: 403 347-8844 and ask to be seen in Rimbey



Do you struggle with Couples or Blended Family Issues, Communication, Anger management, Grief, Addiction, Depression, Anxiety, Self-esteem?

This Service is brought to you by the Rimbey & Area Community Wellness Association





Wieners & Buns Provided by Forshee Ladies Bring salads, desserts, drinks, chairs, utensils & wiener roasting sticks..

The Blind Man Youth Action Society is hosting a Garage Sale June 22, 2019 at the Blind man Youth action Building, 9:30-3:00

They would graciously accept any and all donations! Call Janet @ 403 843-2018





Rimbey Library

We are now open on Mondays starting May 6th until August 26th

i Mondays

Monday Mayhem - 3:30 pm

Tuesdays

Pre-school Storytime (3-5) 10:30 am Wiggle Worms (0-3) 10:30 am Twisted Tuesdays (k – gr 6) 3:30 pm

i Wednesdays

Get Your Geek On! 3:30 pm

Thursdays

Let's Go Lego! 3:30 pm (k - gr 6)

June 6th - Movie Night at the Library sponsored by the Rimbey Lions Club –Wonder Park– 6:30 pm

i June 13th Adult Movie Night sponsored by the Rimbey Lions

! Club – Same Kind of Different as Me – 7:00

June 20th - Aloha! Summer 6:30 - 8:00 pm

June 27th – Book club – 6:00 pm A Man Called Ove – Frederick Backman

Fridavs

Pre-School Storytime 10:30 am

June 7th - Fantabulous Friday 2:00 pm

June 14th, 21st - Paint Like Picasso 3:30 pm

June 28th - Busy Parent Book

Club 10:30 am

June 28th – Summer Reading Kickoff Party 11:30 – 2:30

Coffee with Council - 3:00 pm

Saturdays

DIY day -2:00

June 29th - Closed

Dads are most ORDINARY MEN turned by love into HEROES, ADVENTURERS STORY-TELLERS, AND singers of songs

For more info. Check http://rimbeylibrary.prl.a

403 843-2841

Do you have car seat questions or need your car seat checked by a certified technician? Call Neighbourhood Place @ 403 843-4304,

or email rimbeynp@telus.net Find us on facebook: https://www.facebook.com/Rimbeycarseats/



Community Information & Referral Clinic

The 2nd Tuesday of each month Rimbey Drop In – computer room From 10 a.m. – til Noon.

Rimbey FCSS has a program to fit you. Whether you like cooking, have a young family, have an older family member, are an older family member, need help with meals, need some resources, support or company once in a while or maybe you want to give back to the community as a volunteer. We also have a resource library available Monday to Friday 8:30-4:30, closed from 12-1. It is free to the public with books on health, well being, parenting etc. Call 843-2030 or visit our website for program details iwww.rfcss.com

Healthy Families Program is asking if you know of a young mom in need of support to please pass our name along. Adult Day Support Program has space for new clients, seniors who want some company and would enjoy organized activities and snacks one or two days a week. Call FCSS @ 403-843-2030 for information on these and other activities and programs or go to rfcss.com

RIMBEY LIBRARY BOOSTER SOCIETY

BOATLOAD OF BOOZE RAFFLE

Proceeds will support the Rimbey Library DVD shelving/collection

DRAW AUG 29 • 8PM • HAWK TAIL BREWERY SHOW YOUR RAFFLE TICKET AND BE ENTERED TO WIN A PRIZE







Tickets available at: Rimbey Municipal Library Hawk Tail Brewery Evergreen Coop Liquor Store (Rimbey) JEMCO

\$20/ticket. Only 500 tickets printed

Tickets may only be purchased/sold in Alberta

Must be 18+ to purchase

Prize 1: 10 x \$100 Gift Cards (\$1000) and 12 Cases Hawk Tail Beer (in gift cards, \$600)

Prize 2: 4 x \$100 Gift Cards (\$400)

Prize 3: 3x \$100 Gift Cards (\$300)

AGLC Licence #530671

It's your community. It's your call.

Report Impaired Drivers



e-mail; rimbeynp@telus.net Or (P) 403.843.430¢ ind us on facebook Rimbey Neighbourhood Place





Registration opens May 7, 2019 at 9:00AM Theme weeks include Zoology, Super Science, Carnival & more! Boys & Girls Clubs of Wolf Creek

f @bgcRimbey

For more info: (403) 843-1066

BE AWARE OF MOTORCYCLISTS ON THE ROAD AND GIVE THEM THE SPACE THEY NEED.

Whether you're a hobby rider, commuter, or long distance rider, riding a motorcycle is a popular way Albertan's travel. But motorcycle safety involves all road users. In a vehicle, a driver can feel invincible – on a bike, a rider is extremely vulnerable.

Facts to Know:

Motorcycles are less stable and less visible than cars and often have high-performance capabilities.

3,247 motorcyclists were involved in casualty collisions over a 5year period. These collisions resulted in 163 deaths and 3,356 injuries (2012-2016).

46% of motorcyclists involved in casualty collisions committed an improper action. More than half of these errors were running off the road or following too closely (2012 - 2016).

Almost one-fifth of motorcyclists involved in casualty collisions were travelling at a speed too fast for the given conditions. In fatal collisions, four in ten motorcyclists were travelling at un-

safe speeds (2012 – 2016).

More than two-thirds of collisions involving a motorcycle resulted in death or injury. This compares to approximately one in 10 for all collisions (2012 – 2016).

The younger the motorcyclist, the higher the collision rate. Motor-

cycle riders aged 16 to 17 years had the highest involvement rate per 1,000 licensed motorcyclists (2016).

From saferoads.ca

Central Alberta Community Legal Clinic

The Central Alberta Community Legal Clinic offers free legal advice to those who do not qualify for Legal Aid and who cannot afford to pay a lawyer. The Legal Clinic offers advice in the areas of Family Law, Criminal Law, Guardianship/Trusteeship, and certain areas of Civil Law/Wills. You must fill out an intake form in person or by phone before an appointment is booked. For criminal matters, you must have your disclosure before an appointment can be booked.

Phone:403-314-9129 Toll Free:1-877-314-9129



ANNUAL REUNION

SATURDAY, JUNE 15/2019

Rimbey Peter Lougheed Community Centre

REGISTRATION 12 noon

REGISTRATION FEE \$5.00 (pay at door)

Concession lunch available 12-2 p.m.

SUPPER at 5:00 P.M.

\$15.00 (pay at door)

THIS YEAR WE HONOR THE "CLASS OF 1969" AND "THE BECKER FAMILY". Program at 2 p.m.

LOTS OF TIME FOR VISITING OLD AND NEW FRIENDS

SUNDAY JUNE 16/2019
PANCAKE BREAKFAST AT PAS-KA-POO PARK BY
HISTORICAL SOCIETY 8:30 – 11:00 A.M.

EVERYONE FROM NEAR AND FAR, YOUNG AND OLD, NEW & LIFETIME RESIDENTS WELCOME



Greener Childhood Associated with Happier Adulthood (part four—from npr.org)

The strength of the association between green space and risk of psychiatric disorder was similar to other factors known to influence mental health, like socioeconomic status. According to Engemann, it is estimated

that about 20 percent of the adult Danish population will suffer from poor psychiatric health within any given year, making these slight changes in risk potentially important.

"Green space seemed to have an association that was similar in strength to other known influences on mental health, like history of mental health disorders in the family, or socioeconomic status," says Engemann. What's more, the effect of green space was "dosage dependent" — the more of one's childhood spent close to greenery, the lower the risk of mental health problems in adulthood.

Engemann cautions that the study does have limitations: "It's purely correlational, so we can't definitively say that growing up near green space reduces risk of mental illness." Establishing cause and effect for variables like these is incredibly difficult, according to Engemann.

Still, the breadth and depth of data used for this analysis add to the circumstantial evidence linking green space and mental health. "The effect is remarkable," says Lambert. "If we were talking about a new medicine that had this kind of effect the buzz would be huge, but these results suggest that being able to go for a walk in the park as a kid is just as impactful.'

The greenery association with better mental health held across both rural and urban areas of Denmark. "You could grow up in very urban areas but still have reduced risk if you're surrounded by green spaces," says Engemann.

The study also can't address how different kinds of green space — and how people use it — affect mental health. Are forests more impactful than sparer park spaces? Do you need to actively use these spaces, or is simply growing up near greenery enough? These are questions Engemann hopes future studies can answer.

RIMBEY & AREA COMMUNITY NEWSLETTER - Available at: The Town Office, The Community Centre, Blindman Youth Action Building, Rimbey Foods, FCSS, Seniors Drop-in, The Manor, A&W, Subway, COOP, The Grand Hotel & Bluff-